# 4<sup>th</sup> Interdisciplinary Pain and Opioid Crisis VIRTUAL SEMINAR

APRIL 29-30, 2022

Safeguarding Rational Opioid Pain Management and Mitigating Non-medical Opioid Use





Making Cancer History®

For more information, please call Continuing Professional Education (CPE) at 713-792-2223 or visit our website at <a href="https://mdanderson.cloud-cme.com/PainOpioidCrisisSeminar2022">https://mdanderson.cloud-cme.com/PainOpioidCrisisSeminar2022</a>

Opioids remain the gold standard for treatment of the highly distressing pain from cancer and its treatment, but it can cause considerable harm when used inappropriately. Thus, measures to protect vulnerable patients, their loved ones, and the community from opioid-associated harms when opioids are the ethical choice for pain relief are critically needed.

The **4<sup>th</sup> Pain and Opioid Crisis Seminar** seeks to address this need by bringing together a wide range of participants and world expert faculty with diverse clinical and research backgrounds in pain and opioids. This exciting educational event will provide practical evidence-based guidance and solutions to address clinical, public health, and legal issues related to the use and non-medical use of opioids and ultimately improve patient outcomes.

Attendees will obtain up-to-date information and acquire high-quality knowledge while earning valuable CE credits and Maintenance of Certification (MOC) points from the American Board of Internal Medicine (ABIM) and American Board of Anesthesiology (ABA).

#### **EDUCATIONAL OBJECTIVES**

After attending the seminar, participants should be able to:

- Apply the basic principles of pain management and chronic opioid therapy;
- Utilize practical strategies to manage patients with co-occurring cancer pain and non-medical opioid use;
- Implement ways to improve patient care and ensure patient/family safety related to the use of opioids; and
- Apply non-pharmacologic approaches to manage pain in patients with opioid use disorder.

#### **TARGET AUDIENCE**

This program will be of interest to all health care providers including those who prescribe opioids (medical oncologists, pain and palliative care physicians, emergency room physicians, primary care physicians, doctors of osteopathic medicine, advanced practice providers), administer opioids (nurses, pharmacists), or are involved with patients on opioids (psychiatrists, psychologists, social workers, case managers, and clinical leaders). It will also be relevant to other stakeholders including policy makers.

#### **EDUCATIONAL METHODS**

• Lectures/Didactic • Internet Live Course

#### **EVALUATION**

A course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

#### **ACCREDITATION/CREDIT DESIGNATION - PHYSICIANS**

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Texas MD Anderson Cancer Center designates this live internet course for a maximum of 13.50 *AMA PRA Category 1 Credits*<sup>TM</sup>, all of which have been designated in medical ethics and/or professional responsibility.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### PAIN AND OPIOID MANAGEMENT

All of this activity has been designated by The University of Texas MD Anderson Cancer Center for 13.50 credits of education in pain management and the prescription of opioids.

#### American Board of Internal Medicine (ABIM) Maintenance of Certification

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.50 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf. In order to receive MOC points, you must pass the post-test with a score of 70% or higher.

#### American Board of Anesthesiology (ABA) Maintenance of Certification

This live activity offers 13.50 ABA MOCA 2.0 Part 2 (Lifelong Learning and Self-Assessment) credits in the Maintenance of Certification in Anesthesiology Program<sup>®</sup> (known as MOCA 2.0<sup>®</sup>). Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABA MOC credit.

Participant completion data will be shared with and trans-mitted to the ACCME on the participant's behalf. The Maintenance of Certification in Anesthesiology Program® is a registered certification mark of the American Board of Anesthesiology<sup>®</sup>. MOCA 2.0<sup>®</sup> is a trademark of the American Board of Anesthesiology<sup>®</sup>.

#### **ACCREDITATION/CREDIT DESIGNATION - NURSING**

The University of Texas MD Anderson Cancer Center is accredited with distinction as a provider of Nursing Continuing Professional Development by The American Nurses Credentialing Center's Commission on Accreditation.

The University of Texas MD Anderson Cancer Center designates this course will award 13.50 Nursing Continuing Professional Development (NCPD) credits which includes 4.5 Controlled Substance and 4.5 Pharmacotherapeutics Credits.

# FEATURED SPEAKERS

### 4<sup>th</sup> Interdisciplinary Pain and Opioid Crisis Seminar



#### PAUL A. SLOAN, MD

Professor of Anesthesiology Anesthesiology and Pain Medicine Division Chief, Regional Anesthesia & Acute Pain Service University of Kentucky Lexington, Kentucky



#### EDUARDO BRUERA, MD

Professor and Department Chair Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas



#### JEANNINE M. BRANT, PhD, APRN, AOCN, FAAN Executive Director Clinical Science & Innovation City of Hope Comprehensive Cancer Center Duarte, California



#### DANIEL EPNER, MD

Professor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas



### JULIE W. CHILDERS, MD, MS, FAAHPM

Associate Professor Palliative Care Service University of Pittsburgh Pittsburgh, Pennsylvania



#### AMY A. CASE, MD, FAAHPM

Lee Endowed Chair of Palliative and Supportive Care Palliative Care Program Chief Roswell Park Comprehensive Cancer Center Buffalo, New York

# PROGRAM

### 4<sup>th</sup> Interdisciplinary Pain and Opioid Crisis Seminar

### Friday, April 29, 2022

### NOTE: All time is in Central Standard Time (CST)

7:45-8:00 a.m.	Opioid Prescribing Survey	12:50-1:35 p.m.	The Intersection of Pain and Opioid Use Disorder in Patients
8:00-8:15 a.m.	<b>Welcome and Award Ceremony</b> Eduardo Bruera, MD		with Cancer: A Clinical Conundrum Julie W. Childers, MD, MS, FAAHPM
8:15-9:15 a.m.	<b>Keynote: A Lifetime in Cancer Pain Management: My Journey</b> Paul A. Sloan, MD	1:35-2:20 p.m.	Behavioral Therapies for Co-occurring Cancer Pain and Non-medical Opioid Use: An Overview
9:15-9:45 a.m.	Levorphanol for Cancer Pain: Renaissance of the Forgotten Drug Akhila Reddy, MD		Thomas A. Hernandez, Jr., LPC Bahareh Mahdavi, MA
9:45-10:30 a.m.	Buprenorphine for Pain and Opioid Use Disorder: Clinical and Pharmacologic Perspectives Justin Kullgren, PharmD	2:20-3:05 p.m.	Navigating Difficult Conversations about Non-medical Opioid Use: A Clinician's Challenge Daniel Epner, MD
10:30-10:40 a.m.	-	3:05-3:15 p.m.	Break
10:30-10:40 a.m.	Break Prescription Opioids in a Post-CDC Guideline World Paul A. Sloan, MD	3:15-4:00 p.m.	Cannabinoids, Cannabis, and Cannabis-based Medicine for Pain Management: Evidence-Based Review Amy A. Case, MD, FAAHPM
11:10-11:55 a.m.	Interventional Procedures to Moderate the Use of Opioids in Cancer Pain Management Larry C. Driver, MD	4:00-4:45 p.m.	Patient and Health Care Provider Perceptions about Medical Marijuana in Symptom Care:
11:55-12:40 p.m.	Moderating Perioperative Opioid Use in Cancer Patients: Lessons from the Enhanced Recovery Pathway Program Ching-Wei Tzeng, MD Bryce Speer, MD		<b>An Evolving Trend</b> Kimberson Tanco, MD
		4:45-5:30 p.m.	Meet the Professor: An Interactive Discussion on Cancer Pain, Opioid Therapy, Opioid Use Disorder Paul A. Sloan, MD Lakshimi Koyyalagunta, MD
12:40-12:50 p.m.	Break		Lakshinii Noyyalagunta, MD
		5:30-5:35 p.m.	Adjourn Tonya Edwards, APRN

# PROGRAM

### 4<sup>th</sup> Interdisciplinary Pain and Opioid Crisis Seminar

### Saturday, April 30, 2022

NOTE: All time is	in Central Standard Time (CST)
8:10-8:15 a.m.	<b>Welcome</b> Tonya Edwards, APRN
8:15-9:00 a.m.	Pharmaceutical and Prescription Drug Insurance Complexities with Patient Access to Opioids: Barriers to Optimal Opioid Therapy Michael Tang, MD
9:00-9:45 a.m.	In The Front Lines: Role of the Nurse in Managing Non-medical Opioid Use Jeannine M. Brant, PhD, APRN, AOCN, FAAN
9:45-10:30 a.m.	<b>Real World Opioid Dispensing Challenges: Perspectives of the</b> <b>Community Pharmacist</b> Jason Davis, RPh
10:30-10:40 a.m.	Break
10:40-11:10 a.m.	CHAT: An Opioid Stewardship Model for Cancer Patients Receiving Opioid Therapy Joseph A. Arthur, MD
11:10-12:00 p.m.	Real Case Studies: When Substance Use Disorder becomes an Issue in Cancer Care Tonya Edwards, APRN Michelle Carroll, APRN Matthew D. Clark, PharmD
12:00-12:45 p.m.	<b>Opioid Prescription: 10 Commandments to Avoid Opioid</b> <b>Inferno</b> Eduardo Bruera, MD
12:45-1:00 p.m.	<b>Seminar Wrap Up</b> Joseph A. Arthur, MD

# **SPEAKERS AND MODERATORS**

### 4<sup>th</sup> Interdisciplinary Pain and Opioid Crisis Seminar

#### Joseph A. Arthur, MD (Activity Director)

Associate Professor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

### Jeannine M. Brant, PhD, APRN, AOCN, FAAN

Director and Lead Scientist, Collaborative Science and Innovation Billings Clinic Billings, Montana

#### Eduardo Bruera, MD

Professor and Department Chair Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### **Michelle Carroll, APRN**

Advanced Practice Nurse Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Amy A. Case, MD, FAAHPM

Chair of Palliative and Supportive Care Palliative Care Program Chief Roswell Park Comprehensive Cancer Center Buffalo, New York

#### Julie W. Childers, MD, MS, FAAHPM

Associate Professor Palliative Care Service University of Pittsburgh Pittsburgh, Pennsylvania

#### Matthew D. Clark, PharmD

Clinical Pharmacist Specialist Pharmacy Clinical Programs MDAnderson Cancer Center Houston, Texas

#### Jason Davis, RPh

Manager Pharmacy Compliance and Regulatory Affairs H-E-B Grocery Company, LP San Antonio, Texas

#### Larry C. Driver, MD

Professor Department of Pain Medicine MD Anderson Cancer Center Houston, Texas

#### **Tonya Edwards, APRN**

Advanced Practice Nurse Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### **Daniel Epner, MD**

Professor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Thomas A. Hernandez Jr., LPC

Senior Counselor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Lakshmi Koyyalagunta, MD

Professor and Medical Director Regional Care Centers Department of Pain Medicine MD Anderson Cancer Center Houston, Texas

#### Justin Kullgren, PharmD

Clinical Pharmacy Specialist Past President, Society of Pain and Palliative Care The Ohio State University Wexner Medical Center Columbus, Ohio

#### Bahareh Mahdavi, MA

Associate Counselor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Akhila Reddy, MD

Associate Professor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Paul A. Sloan, MD

Professor of Anesthesiology Anesthesiology and Pain Medicine Division Chief, Regional Anesthesia & Acute Pain Service University of Kentucky Lexington, Kentucky

#### Bryce Speer, MD

Associate Professor Department of Anesthesiology & Peri-Operative Medicine MD Anderson Cancer Center Houston, Texas

#### Kimberson Tanco, MD

Associate Professor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Michael Tang, MD

Assistant Professor Department of Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

#### Ching-Wei Tzeng, MD

Associate Professor Department of Surgical Oncology MD Anderson Cancer Center Houston, Texas

# **PLANNING COMMITTEE**

### 4<sup>th</sup> Interdisciplinary Pain and Opioid Crisis Seminar

#### Joseph A. Arthur, MD (Activity Director)

Associate Professor Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### Diane Barber, BSN, MSN, PhD, RN

Manager, Advanced Practice Provider Investigational Cancer Therapeutics MD Anderson Cancer Center

#### Eduardo Bruera, MD

Professor and Department Chair Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### Michelle Carroll, APRN

Advanced Practice Nurse Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### **Tonya Edwards, APRN**

Advanced Practice Nurse Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### **Eric Gagneaux** Manager, CE Activity Management Continuing Professional Education MD Anderson Cancer Center

**Diane P. Hecht, PharmD** Manager, Clinical Pharmacy Services Pharmacy Continuing Education Program MD Anderson Cancer Center

#### Patricia A. Heitz, BS, MEd, RN

Nurse Educator Division of Nursing MD Anderson Cancer Center

#### David Hui, MD

Associate Professor Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### Lakshmi Koyyalagunta, MD

Professor Department of Pain Medicine MD Anderson Cancer Center

#### Kristy Nguyen, PharmD

Clinical Pharmacist Specialist Pharmacy Clinical Program MD Anderson Cancer Center

#### Linh Nguyen, MD, MEd, EdD

Associate Professor of Palliative Medicine Department of Internal Medicine Division of Geriatric and Palliative Medicine University of Texas Health Science Center of Houston

#### **Anavel Platt**

CME Conference Planner Continuing Professional Education MD Anderson Cancer Center

#### LaShaunte Range

Senior Administrative Assistant Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### Tameka Sneed

Program Coordinator Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### Amy Swan, MD

Assistant Professor Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

#### Margarita Tovbin, APRN

Advanced Practice Provider MD Anderson Cancer Center Palliative, Rehabilitation & Integrative Medicine

#### Avery Virgilio, APRN

Advanced Practice Nurse Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center

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Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. Email Continuing Professional Education at PEPInfo@MDAnderson.org. All responses will be forwarded to the Activity Director for consideration.

#### **REGISTRATION INFORMATION**

The two-day **4<sup>th</sup>Interdisciplinary Pain and Opioid Crisis Seminar** will begin on Friday, April 29, 2022, with Opening Remarks at 7:45 a.m. and will adjourn for the day at 5:35 p.m. The seminar will reconvene on Saturday, April 30, 2022 at 8:10 a.m. and adjourn at 1:00 p.m. Advanced registration is encouraged.

Course registration includes online materials, presentation video recordings and PowerPoint presentations.

The deadline for advanced registration is Wednesday, April 14, 2022.

#### To register online, visit our website at https://mdanderson.cloud-cme.com/PainOpioidCrisisSeminar2022

For more information, please call Continuing Professional Education (CPE) at 713-792-2223.

#### SeminarRegistrationFees:

MDA MD/DOs	\$175.00
MDA PhDs/Pharmacists/Nurses/APPs	\$100.00
Non-MDA MD/DOs	\$200.00
Non MDA PhDs/Pharmacists/Nurses/APPs	\$125.00
MDA trainees/Allied Health Professionals	\$ 50.00
Non MDA trainees/Allied Health Professionals	\$ 75.00

#### We accept the following forms of payment:

- Credit cards (MasterCard, VISA, and American Express)
- Check (payable through U.S. banks only)
- Mail Check to: Continuing Professional Education Unit 1781
  - The University of Texas MD Anderson Cancer Center P.O. Box 301407 Houston, TX 77230-1407

A receipt/confirmation email will be sent to you within 24 hours of on-line registration.

#### **Special Assistance**

Contact Continuing Professional Education / Activity Management at 713-792-2223 or 866-849-5866 if you have any special dietary or ADA accommodation needs.



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